Psycho-Acoustics

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- Introduction
- Anatomy and physiology of the auditory system
- Physical versus subjective scales
- Spatial perception
- Masking (spectral and temporal)
- Perceptual audio coding
 - ISO MPEG perceptual model



Psychoacoustics

=

The scientific study of the perception of sound.





Digital Signal Processing



What you see is not what you hear





Anatomy and Physiology of the Human Auditory System

Literature:

James O. Pickles, "An Introduction to the Physiology of Hearing", Academic Press, London, 1982

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The Peripheral Hearing System



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Outer Ear



Acoustic energy is conducted to the eardrum

- Conversion of acoustic energy into mechanical energy
- Resonance in the range of $2 5 \text{ kHz} (\pm 10 \text{ dB})$
- Acoustic filtering is in part dependent on source direction



Middle Ear



Impedance adjustment for effective energy transmission:

- Eardrum: Large volume displacement, little pressure
- Oval window: Little volume displacement, large pressure
- Band-pass filter (200 Hz 8 kHz)



Inner Ear



Cochlea:

- Mechanical energy (oval window) is converted into a neural signal (auditory nerve)
- Performs a time-frequency analysis

Cochlea



- 1. cochlear duct
- 2. scala vestibuli
- 3. scala tympani
- 4. spiral ganglion
- 5. auditory nerve fibres



2 mm

- The red arrow is from the oval window
- The blue arrow points to the round window
- The cochlea is about 2 mm in diameter



Basilar Membrane





Basilar Membrane

Frequency-to-place transformation:



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Cochlea



- 1. Cochlear duct
- 2. Scala vestibuli
- 3. Scala tympani
- 4. Reissner's membrane
- 5. Basilar membrane
- 6. Tectorial membrane
- 7. Stria vascularis
- 8. Nerve fibres
- 9. Bony spiral lamina

The organ of Corti is on top of the basilar membrane under the tectorial membrane



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Organ of Corti



- Tectorial membrane (TM)
- Basilar membrane (BM)
- Inner haicells (IHC)
- Outer haircells (OHC)

- Deiters' cells (DC)
- Reticular lamina (RL)
- Pillar cells (PC)
- Stereocilia (St)



Auditory nerve

- Auditory nerve fiber
 responses are spiky
- Auditory nerve responses can follow the phase at low frequencies
- Auditory nerve responses need to recover at high frequencies
- Beyond about 2 kHz phase locking response is lost



Auditory Transduction



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Dependence of Subjective Parameters on Physical Parameters

Literature:

Brian C.J. Moore, "An Introduction to the Psychology of Hearing", Fourth edition, Academic Press, London, 1997

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Physical vs. Subjective Scales

Physical Subjective

Fundamental frequency (Hz) \leftrightarrow PitchSound pressure (Pa, dB SPL) \leftrightarrow Loudness



Fundamental Frequency and Pitch

- Linear frequency increase over time
- Exponential frequency increase over time
- Mapping of frequency to pitch is approximately a logarithmic transformation
- Empirical finding from several experiments measuring frequency just noticable differences (JNDs):

$$\log \Delta f = 0.0264\sqrt{f} - 0.52$$

	f	<i>f</i> +1 JND	f+2 JND	f+3 JND
$f = 1 \text{ kHz} \rightarrow \Delta f = 2 \text{ Hz}$				
$f = 6 \text{ kHz} \rightarrow \Delta f = 33 \text{ Hz}$				

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Sound Pressure and Loudness

- Linear sound pressure increase over time
- Expansive sound pressure increase over time
- \rightarrow Mapping of sound pressure to loudness resembles a compressive transformation

Stevens Law (sones): $S = kI^{0.3}$

 \rightarrow Thus each 10 dB increase in intensity leads to a doubling in loudness (= doubling in sones)



	Source	of sound sound pressure			sound pressure			lou	loudness									
		Source of sound						5	sound pressure			soun	sound pressure level			ness		
	threshold of pain	threshold of pain							I	pasca	վ	dB	dB re 20 μPa			ne		
	hearing damage du effect							reshold of pain 1								~ 676		
	jet, 100 m away	hearing damage during short-term effect										20	approx. 120				~ 256	
	jack hammer, 1 m a	jet, 100 m away									6	200	110 140			~	128 1024	
	jack hammer, 1 m away / nightclub								2 approx. 100						~ 64			
	major road, 10 m a	hearing damage during long-term effect						ct		(6×10 ⁻¹		app	rox.90		~ 32		
	passenger car, 10 n	major road, 10 m away									2×3	10 ⁻¹ 5×10 ⁻¹	80 9			~ 10	5 32	
	TV set at home lev	passenger car, 10 m away TV set at home level, 1 m away normal talking, 1 m away								2×1	$10^{-2} \dots 2 \times 10^{-1}$		6	60 80	~ 4	4 16		
	normal talking, 1 m									2	2×10^{-2}			ca. 60		~4		
	very calm room									2×3	$10^{-3} \dots 2 \times 10^{-2}$		4	0 60	~	1 4		
	leaves' noise, calm	very calm room leaves' noise, calm breathing									2×3	10 ⁻⁴ 5×10 ⁻⁴	20 30			~ 0.15	~ 0.15 0.4	
	auditory threshold										(6×10 ^{−5}			10		~ 0.02	
April 28, 2020	<i>sone</i> 1 2 4	auditory threshold at 1 kHz									2	2×10 ⁻⁵			0		0,	2
	<i>phon</i> 40 50 60	sone 1	2	4	8	16	32	64	128	256	512	1024			r.			
For	mulae	phon 40	50	60	70	80	90	100	110	120	130	140		-	ŤU	De	elf	t

Equal Loudness Contours

Alternative scale for loudness is the phon:



- The loudness in phon of a specific tone is defined as the level in dB SPL of a 1 kHz reference tone that sounds equaly loud as the specific tone.
- MAF = minimum audible field (absolute threshold of hearing)



Sound Pressure and Loudness





Weber's Law

• Weber's Law states that the just noticeable difference in level is a constant percetage of level:

$$\frac{\Delta I}{I} = \text{constant}$$

• For pure tones an increase of about 0.5 - 1 dB is just noticable



Spatial perception

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Binaural Hearing

We have a remarkable ability to compare acoustic signals across the two ears. On headphones:

- Identical signals lead to a narrow sound image centered in our head (correlation is 1)
- An interaural level difference of 1 dB leads to a just noticeable shift in position towards the louder ear
- An interaural time difference of 15 μs leads to a just noticeable shift in position towards the leading ear
- When two signals are not identical (correlation <1), the sound image increases in width
- Changes in correlation are best audibile around values of 1.
- A reduction from 1 to 0.98 is audible, a reduction from 0.1 to 0 is not audible. $\int I(t)R(t+\tau)dt$

Correlation:
$$C_{LR}(\tau) = \frac{\int L(t)R(t+\tau)dt}{\sqrt{\int L(t)^2 dt \int R(t+\tau)^2 dt}}$$

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Spatial Hearing

Freefield listening: binaural cues help to localize sound source



- Low frequencies: Sound bends around the head (path length difference): Interaural *time* differences
- <u>High frequencies:</u> Sound is obstructed by the head: Interaural *level* differences
- Interaural time differences are not perceived above 2 kHz.
- Room reflections lead to reduction
 of coherence



Spectral and Temporal Masking

Literature:

Brian C.J. Moore, "An Introduction to the Psychology of Hearing", Fourth edition, Academic Press, London, 1997

T. Painter and A. Spanias, "Perceptual Coding of Digital Audio". *Proceedings of the IEEE,* Vol. 88, No. 4, pp. 451-513, April 2000

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The phenomenon where a sound (maskee/test signal) that is perfectly audible in isolation is not audible due to the presence of a masking sound (masker)

Relevance for audio coding:

- Quantisation noise (*maskee*) that is introduced by the coding • algorithm is masked by the signal which is coded (*masker*)
- By shaping the spectro-temporal shape of the distortion a very • efficient coding of a signal is possible (1-2 bits/sample)

Encoded signal:

Quantisation noise:



(= Original + quantisation noise)





- Measure threshold of detectability of a tone masked by bandpass noise centred spectrally around the tone
- Measure thresholds as a function of masker bandwidth



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Assumption: signal is detected when the signal-to-noise ratio at the output of the auditory filter exceeds a certain criterion value



Demo: Critical Bands

Masking of a single 2000 Hz tone (decreasing in 10 steps of 5 dB) by spectrally flat (white) noise of different bandwidths:

🐠 broadband noise

- 🚸 bandwidth 1000 Hz
- 🚸 bandwidth 250 Hz
- 🍕 bandwidth 10 Hz



Bark Scale

A scale that converts frequency (Hz) into units of critical bandwidth

$$z(f) = 13 \arctan(0.00076 f) + 3.5 \arctan\left[\left(\frac{f}{7500}\right)^2\right]$$
 (Bark)

named after Heinrich Barkhausen (who proposed the first subjective measurements of loudness)

• Critical bandwidth:

$$CBW = \frac{\partial f}{\partial z}$$



Bark Scale and Critical Bandwidth







Test signal is detected when the test-signal-to-masker ratio at the output of the auditory filter exceeds a certain criterion value k



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Test signal is detected when the test-signal-to-masker ratio at the output of the auditory filter exceeds a certain criterion value k



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Test signal is detected when the test-signal-to-masker ratio at the output of the auditory filter exceeds a certain criterion value k



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Test signal is detected when the test-signal-to-masker ratio at the output of the auditory filter exceeds a certain criterion value k



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Test signal is detected when the test-signal-to-masker ratio at the output of the auditory filter exceeds a certain criterion value k





Test signal is detected when the test-signal-to-masker ratio at the output of the auditory filter exceeds a certain criterion value k



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Test signal is detected when the test-signal-to-masker ratio at the output of the auditory filter exceeds a certain criterion value k

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Tonal versus Noise Maskers



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Perceptual Audio Coding

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Perceptual Audio Coder

Encoder:



Decoder:





Irrelevancy Removal

Quantize every spectral component such that the quantization error stays below the masking threshold



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$$y(t) = w(t)x(t), \quad t = t_{\text{start}}...t_{\text{end}}$$





$$psd(f_k) = \frac{1}{N} \left| \sum_{n=0}^{N-1} y(n) e^{j\frac{2\pi}{N}kn} \right|^2 \qquad f_k = \frac{kf_s}{N}$$

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$$\operatorname{SPL}(f_k) = 10 \log_{10} \left(\frac{\operatorname{psd}(f_k)}{\operatorname{psd}_{0\mathrm{dB}}} \right)$$









- Because of the difference in masking strength we need a classification of tonal and noisy components in a signal spectrum
- Spectral flatness measure: Tonal if the power spectral density of a component exceeds nearby components by more than e.g. 7 dB







- Tonal maskers (k): Threshold for each *z*: $T_{TM}(z,k)$
- Noise maskers (k): Threshold for each z: T_{NM}(z,k)
- Threshold in quiet:

$$T_q$$
 (f) = 3.64 $f^{-0.8}$ - 6.5 $e^{-0.6*(f-3.3)^2}$ + 10⁻³ f^4

• Combining masking components by power addition:

$$T_g(z) = 10^{10} \log \left(10^{0.1T_q(z)} + \sum_k 10^{0.1T_{TM}(z,k)} + \sum_k 10^{0.1T_{NM}(z,k)} \right)$$





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Meaning of Global Masking Curve

- The (quantisation) noise-to-masker ratio (NMR) specifies the audibility of the quantisation noise
- Quantisation noise inaudible when: NMR< 0 dB
- The NMR needs to be considered within each critical band



Forward and Backward Masking

Forward masking has a much stronger effect than backward masking

- Forward masking: Effect is observed until 100-200 ms after masker
- Backward masking: 10 ms, but sometimes not even present
- Simultaneous masking has the strongest effect



Forward and Backward Masking



More realistic situation for audio coding:

- Quantisation noise is distributed uniformly across a segment
- Position of masker in segment is very relevant





Pre-Echoes



Other factors that influence masking

Detection of complex signals Buus et al. 1986



Multiband energy detector model (Green and Swets, 1966):

- Spectral integration of "detectability" information
- Each doubling of the number of components leads to a 1.5 dB reduction in threshold
- Trading detectability across frequency



Concluding Remarks

- Although the auditory system is complicated, usefull quantitative perceptual models can be made
- It is impossible to include all psycho-acoustical effects in a perceptual model
- Often heuristic modifications to the model or encoder are used
- The quality of an audio coder can depend strongly on the quality of the perceptual model

