## 2. Convex sets

Reading: 2.1-2.3 and 2.6.1

## Affine set

line through $x_{1}, x_{2}$ : all points

$$
x=\theta x_{1}+(1-\theta) x_{2} \quad(\theta \in \mathbf{R})
$$

affine set: contains the line through any two distinct points in the set
example: solution set of linear equations $\{x \mid A x=b\}$
(conversely, every affine set can be expressed as solution set of system of linear equations)

## Convex set

line segment between $x_{1}$ and $x_{2}$ : all points

$$
x=\theta x_{1}+(1-\theta) x_{2}
$$

with $0 \leq \theta \leq 1$
convex set: contains line segment between any two points in the set

$$
x_{1}, x_{2} \in C, \quad 0 \leq \theta \leq 1 \quad \Longrightarrow \quad \theta x_{1}+(1-\theta) x_{2} \in C
$$

examples (one convex, two nonconvex sets)


## Convex combination and convex hull

convex combination of $x_{1}, \ldots, x_{k}$ : any point $x$ of the form

$$
x=\theta_{1} x_{1}+\theta_{2} x_{2}+\cdots+\theta_{k} x_{k}
$$

with $\theta_{1}+\cdots+\theta_{k}=1, \theta_{i} \geq 0$
convex hull conv $S$ : set of all convex combinations of points in $S$


## Convex cone

conic (nonnegative) combination of $x_{1}$ and $x_{2}$ : any point of the form

$$
x=\theta_{1} x_{1}+\theta_{2} x_{2}
$$

with $\theta_{1} \geq 0, \theta_{2} \geq 0$

convex cone: set that contains all conic combinations of points in the set

## Dual cones

dual cone of a cone $K$ :

$$
K^{*}=\left\{y \mid y^{T} x \geq 0 \text { for all } x \in K\right\}
$$

examples

- $K=\mathbf{R}_{+}^{n}: K^{*}=\mathbf{R}_{+}^{n}$
- $K=\mathbf{S}_{+}^{n}: K^{*}=\mathbf{S}_{+}^{n}$
- $K=\left\{(x, t) \mid\|x\|_{2} \leq t\right\}: K^{*}=\left\{(x, t) \mid\|x\|_{2} \leq t\right\}$
- $K=\left\{(x, t) \mid\|x\|_{1} \leq t\right\}: K^{*}=\left\{(x, t) \mid\|x\|_{\infty} \leq t\right\}$
first three examples are self-dual cones


## Hyperplanes and halfspaces

hyperplane: set of the form $\left\{x \mid a^{T} x=b\right\}(a \neq 0)$

halfspace: set of the form $\left\{x \mid a^{T} x \leq b\right\}(a \neq 0)$


- $a$ is the normal vector
- hyperplanes are affine and convex; halfspaces are convex


## Euclidean balls and ellipsoids

(Euclidean) ball with center $x_{c}$ and radius $r$ :

$$
B\left(x_{c}, r\right)=\left\{x \mid\left\|x-x_{c}\right\|_{2} \leq r\right\}=\left\{x_{c}+r u \mid\|u\|_{2} \leq 1\right\}
$$

ellipsoid: set of the form

$$
\left\{x \mid\left(x-x_{c}\right)^{T} P^{-1}\left(x-x_{c}\right) \leq 1\right\}
$$

with $P \in \mathbf{S}_{++}^{n}$ (i.e., $P$ symmetric positive definite)

other representation: $\left\{x_{c}+A u \mid\|u\|_{2} \leq 1\right\}$ with $A$ square and nonsingular

## Norm balls and norm cones

norm: a function $\|\cdot\|$ that satisfies

- $\|x\| \geq 0 ;\|x\|=0$ if and only if $x=0$
- $\|t x\|=|t|\|x\|$ for $t \in \mathbf{R}$
- $\|x+y\| \leq\|x\|+\|y\|$
notation: $\|\cdot\|$ is general (unspecified) norm; $\|\cdot\|_{\text {symb }}$ is particular norm norm ball with center $x_{c}$ and radius $r:\left\{x \mid\left\|x-x_{c}\right\| \leq r\right\}$
norm cone: $\{(x, t) \mid\|x\| \leq t\}$
Euclidean norm cone is called secondorder cone

norm balls and cones are convex


## Polyhedra

solution set of finitely many linear inequalities and equalities

$$
A x \preceq b, \quad C x=d
$$

( $A \in \mathbf{R}^{m \times n}, C \in \mathbf{R}^{p \times n}, \preceq$ is componentwise inequality)

polyhedron is intersection of finite number of halfspaces and hyperplanes

## Positive semidefinite cone

## notation:

- $\mathbf{S}^{n}$ is set of symmetric $n \times n$ matrices
- $\mathbf{S}_{+}^{n}=\left\{X \in \mathbf{S}^{n} \mid X \succeq 0\right\}$ : positive semidefinite $n \times n$ matrices

$$
X \in \mathbf{S}_{+}^{n} \quad \Longleftrightarrow z^{T} X z \geq 0 \text { for all } z
$$

$\mathbf{S}_{+}^{n}$ is a convex cone

- $\mathbf{S}_{++}^{n}=\left\{X \in \mathbf{S}^{n} \mid X \succ 0\right\}$ : positive definite $n \times n$ matrices
example: $\left[\begin{array}{ll}x & y \\ y & z\end{array}\right] \in \mathbf{S}_{+}^{2}$



## Operations that preserve convexity

practical methods for establishing convexity of a set $C$

1. apply definition

$$
x_{1}, x_{2} \in C, \quad 0 \leq \theta \leq 1 \quad \Longrightarrow \quad \theta x_{1}+(1-\theta) x_{2} \in C
$$

2. show that $C$ is obtained from simple convex sets (hyperplanes, halfspaces, norm balls, . . ) by operations that preserve convexity

- intersection
- affine functions
- perspective function
- linear-fractional functions


## Intersection

the intersection of (any number of) convex sets is convex
example:

$$
S=\left\{x \in \mathbf{R}^{m}| | p(t) \mid \leq 1 \text { for }|t| \leq \pi / 3\right\}
$$

where $p(t)=x_{1} \cos t+x_{2} \cos 2 t+\cdots+x_{m} \cos m t$
for $m=2$ :



## Affine function

suppose $f: \mathbf{R}^{n} \rightarrow \mathbf{R}^{m}$ is affine $\left(f(x)=A x+b\right.$ with $\left.A \in \mathbf{R}^{m \times n}, b \in \mathbf{R}^{m}\right)$

- the image of a convex set under $f$ is convex

$$
S \subseteq \mathbf{R}^{n} \text { convex } \quad \Longrightarrow \quad f(S)=\{f(x) \mid x \in S\} \text { convex }
$$

- the inverse image $f^{-1}(C)$ of a convex set under $f$ is convex

$$
C \subseteq \mathbf{R}^{m} \text { convex } \Longrightarrow f^{-1}(C)=\left\{x \in \mathbf{R}^{n} \mid f(x) \in C\right\} \text { convex }
$$

## examples

- scaling, translation, projection
- solution set of linear matrix inequality $\left\{x \mid x_{1} A_{1}+\cdots+x_{m} A_{m} \preceq B\right\}$ (with $A_{i}, B \in \mathbf{S}^{p}$ )
- hyperbolic cone $\left\{x \mid x^{T} P x \leq\left(c^{T} x\right)^{2}, c^{T} x \geq 0\right\}$ (with $P \in \mathbf{S}_{+}^{n}$ )


## 3. Convex functions

Reading: 3.1-3.5

## Definition

$f: \mathbf{R}^{n} \rightarrow \mathbf{R}$ is convex if $\operatorname{dom} f$ is a convex set and

$$
f(\theta x+(1-\theta) y) \leq \theta f(x)+(1-\theta) f(y)
$$

for all $x, y \in \operatorname{dom} f, 0 \leq \theta \leq 1$


- $f$ is concave if $-f$ is convex
- $f$ is strictly convex if $\operatorname{dom} f$ is convex and

$$
f(\theta x+(1-\theta) y)<\theta f(x)+(1-\theta) f(y)
$$

for $x, y \in \operatorname{dom} f, x \neq y, 0<\theta<1$

## Extended-value extension

extended-value extension $\tilde{f}$ of $f$ is

$$
\tilde{f}(x)=f(x), \quad x \in \operatorname{dom} f, \quad \tilde{f}(x)=\infty, \quad x \notin \operatorname{dom} f
$$

often simplifies notation; for example, the condition

$$
0 \leq \theta \leq 1 \quad \Longrightarrow \quad \tilde{f}(\theta x+(1-\theta) y) \leq \theta \tilde{f}(x)+(1-\theta) \tilde{f}(y)
$$

(as an inequality in $\mathbf{R} \cup\{\infty\}$ ), means the same as the two conditions

- $\operatorname{dom} f$ is convex
- for $x, y \in \operatorname{dom} f$,

$$
0 \leq \theta \leq 1 \quad \Longrightarrow \quad f(\theta x+(1-\theta) y) \leq \theta f(x)+(1-\theta) f(y)
$$

## First-order condition

$f$ is differentiable if $\operatorname{dom} f$ is open and the gradient

$$
\nabla f(x)=\left(\frac{\partial f(x)}{\partial x_{1}}, \frac{\partial f(x)}{\partial x_{2}}, \ldots, \frac{\partial f(x)}{\partial x_{n}}\right)
$$

exists at each $x \in \operatorname{dom} f$
1st-order condition: differentiable $f$ with convex domain is convex iff

$$
f(y) \geq f(x)+\nabla f(x)^{T}(y-x) \quad \text { for all } x, y \in \operatorname{dom} f
$$


first-order approximation of $f$ is global underestimator

## Second-order conditions

$f$ is twice differentiable if $\operatorname{dom} f$ is open and the Hessian $\nabla^{2} f(x) \in \mathbf{S}^{n}$,

$$
\nabla^{2} f(x)_{i j}=\frac{\partial^{2} f(x)}{\partial x_{i} \partial x_{j}}, \quad i, j=1, \ldots, n,
$$

exists at each $x \in \operatorname{dom} f$
2nd-order conditions: for twice differentiable $f$ with convex domain

- $f$ is convex if and only if

$$
\nabla^{2} f(x) \succeq 0 \quad \text { for all } x \in \operatorname{dom} f
$$

- if $\nabla^{2} f(x) \succ 0$ for all $x \in \operatorname{dom} f$, then $f$ is strictly convex


## Examples on R

convex:

- affine: $a x+b$ on $\mathbf{R}$, for any $a, b \in \mathbf{R}$
- exponential: $e^{a x}$, for any $a \in \mathbf{R}$
- powers: $x^{\alpha}$ on $\mathbf{R}_{++}$, for $\alpha \geq 1$ or $\alpha \leq 0$
- powers of absolute value: $|x|^{p}$ on $\mathbf{R}$, for $p \geq 1$
- negative entropy: $x \log x$ on $\mathbf{R}_{++}$
concave:
- affine: $a x+b$ on $\mathbf{R}$, for any $a, b \in \mathbf{R}$
- powers: $x^{\alpha}$ on $\mathbf{R}_{++}$, for $0 \leq \alpha \leq 1$
- logarithm: $\log x$ on $\mathbf{R}_{++}$


## Examples on $\mathbf{R}^{n}$ and $\mathbf{R}^{m \times n}$

affine functions are convex and concave; all norms are convex examples on $\mathrm{R}^{n}$

- affine function $f(x)=a^{T} x+b$
- norms: $\|x\|_{p}=\left(\sum_{i=1}^{n}\left|x_{i}\right|^{p}\right)^{1 / p}$ for $p \geq 1 ;\|x\|_{\infty}=\max _{k}\left|x_{k}\right|$
examples on $\mathbf{R}^{m \times n}$ ( $m \times n$ matrices)
- affine function

$$
f(X)=\operatorname{tr}\left(A^{T} X\right)+b=\sum_{i=1}^{m} \sum_{j=1}^{n} A_{i j} X_{i j}+b
$$

- spectral (maximum singular value) norm

$$
f(X)=\|X\|_{2}=\sigma_{\max }(X)=\left(\lambda_{\max }\left(X^{T} X\right)\right)^{1 / 2}
$$

## Examples

quadratic function: $f(x)=(1 / 2) x^{T} P x+q^{T} x+r$ (with $P \in \mathbf{S}^{n}$ )

$$
\nabla f(x)=P x+q, \quad \nabla^{2} f(x)=P
$$

convex if $P \succeq 0$
least-squares objective: $f(x)=\|A x-b\|_{2}^{2}$

$$
\nabla f(x)=2 A^{T}(A x-b), \quad \nabla^{2} f(x)=2 A^{T} A
$$

convex (for any $A$ )
quadratic-over-linear: $f(x, y)=x^{2} / y$

$$
\nabla^{2} f(x, y)=\frac{2}{y^{3}}\left[\begin{array}{c}
y \\
-x
\end{array}\right]\left[\begin{array}{c}
y \\
-x
\end{array}\right]^{T} \succeq 0
$$

convex for $y>0$

log-sum-exp: $f(x)=\log \sum_{k=1}^{n} \exp x_{k}$ is convex

$$
\nabla^{2} f(x)=\frac{1}{\mathbf{1}^{T} z} \operatorname{diag}(z)-\frac{1}{\left(\mathbf{1}^{T} z\right)^{2}} z z^{T} \quad\left(z_{k}=\exp x_{k}\right)
$$

to show $\nabla^{2} f(x) \succeq 0$, we must verify that $v^{T} \nabla^{2} f(x) v \geq 0$ for all $v$ :

$$
v^{T} \nabla^{2} f(x) v=\frac{\left(\sum_{k} z_{k} v_{k}^{2}\right)\left(\sum_{k} z_{k}\right)-\left(\sum_{k} v_{k} z_{k}\right)^{2}}{\left(\sum_{k} z_{k}\right)^{2}} \geq 0
$$

since $\left(\sum_{k} v_{k} z_{k}\right)^{2} \leq\left(\sum_{k} z_{k} v_{k}^{2}\right)\left(\sum_{k} z_{k}\right)$ (from Cauchy-Schwarz inequality)
geometric mean: $f(x)=\left(\prod_{k=1}^{n} x_{k}\right)^{1 / n}$ on $\mathbf{R}_{++}^{n}$ is concave (similar proof as for log-sum-exp)

## Restriction of a convex function to a line

$f: \mathbf{R}^{n} \rightarrow \mathbf{R}$ is convex if and only if the function $g: \mathbf{R} \rightarrow \mathbf{R}$,

$$
g(t)=f(x+t v), \quad \operatorname{dom} g=\{t \mid x+t v \in \operatorname{dom} f\}
$$

is convex (in $t$ ) for any $x \in \operatorname{dom} f, v \in \mathbf{R}^{n}$
can check convexity of $f$ by checking convexity of functions of one variable example. $f: \mathbf{S}^{n} \rightarrow \mathbf{R}$ with $f(X)=\log \operatorname{det} X, \operatorname{dom} f=\mathbf{S}_{++}^{n}$

$$
\begin{aligned}
g(t)=\log \operatorname{det}(X+t V) & =\log \operatorname{det} X+\log \operatorname{det}\left(I+t X^{-1 / 2} V X^{-1 / 2}\right) \\
& =\log \operatorname{det} X+\sum_{i=1}^{n} \log \left(1+t \lambda_{i}\right)
\end{aligned}
$$

where $\lambda_{i}$ are the eigenvalues of $X^{-1 / 2} V X^{-1 / 2}$
$g$ is concave in $t$ (for any choice of $X \succ 0, V$ ); hence $f$ is concave

## Epigraph and sublevel set

$\alpha$-sublevel set of $f: \mathbf{R}^{n} \rightarrow \mathbf{R}:$

$$
C_{\alpha}=\{x \in \operatorname{dom} f \mid f(x) \leq \alpha\}
$$

sublevel sets of convex functions are convex (converse is false) epigraph of $f: \mathbf{R}^{n} \rightarrow \mathbf{R}$ :

$$
\text { epi } f=\left\{(x, t) \in \mathbf{R}^{n+1} \mid x \in \operatorname{dom} f, f(x) \leq t\right\}
$$


$f$ is convex if and only if epi $f$ is a convex set

## Operations that preserve convexity

practical methods for establishing convexity of a function

1. verify definition (often simplified by restricting to a line)
2. for twice differentiable functions, show $\nabla^{2} f(x) \succeq 0$
3. show that $f$ is obtained from simple convex functions by operations that preserve convexity

- nonnegative weighted sum
- composition with affine function
- pointwise maximum and supremum
- composition
- minimization
- perspective


## Positive weighted sum \& composition with affine function

nonnegative multiple: $\alpha f$ is convex if $f$ is convex, $\alpha \geq 0$
sum: $f_{1}+f_{2}$ convex if $f_{1}, f_{2}$ convex (extends to infinite sums, integrals) composition with affine function: $f(A x+b)$ is convex if $f$ is convex
examples

- log barrier for linear inequalities

$$
f(x)=-\sum_{i=1}^{m} \log \left(b_{i}-a_{i}^{T} x\right), \quad \operatorname{dom} f=\left\{x \mid a_{i}^{T} x<b_{i}, i=1, \ldots, m\right\}
$$

- (any) norm of affine function: $f(x)=\|A x+b\|$


## Pointwise maximum

if $f_{1}, \ldots, f_{m}$ are convex, then $f(x)=\max \left\{f_{1}(x), \ldots, f_{m}(x)\right\}$ is convex

## examples

- piecewise-linear function: $f(x)=\max _{i=1, \ldots, m}\left(a_{i}^{T} x+b_{i}\right)$ is convex
- sum of $r$ largest components of $x \in \mathbf{R}^{n}$ :

$$
f(x)=x_{[1]}+x_{[2]}+\cdots+x_{[r]}
$$

is convex $\left(x_{[i]}\right.$ is $i$ th largest component of $\left.x\right)$
proof:

$$
f(x)=\max \left\{x_{i_{1}}+x_{i_{2}}+\cdots+x_{i_{r}} \mid 1 \leq i_{1}<i_{2}<\cdots<i_{r} \leq n\right\}
$$

## Pointwise supremum

if $f(x, y)$ is convex in $x$ for each $y \in \mathcal{A}$, then
is convex

$$
g(x)=\sup _{y \in \mathcal{A}} f(x, y)
$$

supremum

examples

- support function of a set $C: S_{C}(x)=\sup _{y \in C} y^{T} x$ is convex
- distance to farthest point in a set $C$ :

$$
f(x)=\sup _{y \in C}\|x-y\|
$$

- maximum eigenvalue of symmetric matrix: for $X \in \mathbf{S}^{n}$,

$$
\lambda_{\max }(X)=\sup _{\|y\|_{2}=1} y^{T} X y
$$

## Composition with scalar functions

composition of $g: \mathbf{R}^{n} \rightarrow \mathbf{R}$ and $h: \mathbf{R} \rightarrow \mathbf{R}$ :

$$
f(x)=h(g(x))
$$

$f$ is convex if $g$ convex, $h$ convex, $\tilde{h}$ nondecreasing $g$ concave, $h$ convex, $\tilde{h}$ nonincreasing

- proof (for $n=1$, differentiable $g, h$ )

$$
f^{\prime \prime}(x)=h^{\prime \prime}(g(x)) g^{\prime}(x)^{2}+h^{\prime}(g(x)) g^{\prime \prime}(x)
$$

- note: monotonicity must hold for extended-value extension $\tilde{h}$
examples
- $\exp g(x)$ is convex if $g$ is convex
- $1 / g(x)$ is convex if $g$ is concave and positive


## Vector composition

composition of $g: \mathbf{R}^{n} \rightarrow \mathbf{R}^{k}$ and $h: \mathbf{R}^{k} \rightarrow \mathbf{R}:$

$$
f(x)=h(g(x))=h\left(g_{1}(x), g_{2}(x), \ldots, g_{k}(x)\right)
$$

$f$ is convex if $g_{i}$ convex, $h$ convex, $\tilde{h}$ nondecreasing in each argument $g_{i}$ concave, $h$ convex, $\tilde{h}$ nonincreasing in each argument proof (for $n=1$, differentiable $g, h$ )

$$
f^{\prime \prime}(x)=g^{\prime}(x)^{T} \nabla^{2} h(g(x)) g^{\prime}(x)+\nabla h(g(x))^{T} g^{\prime \prime}(x)
$$

examples

- $\sum_{i=1}^{m} \log g_{i}(x)$ is concave if $g_{i}$ are concave and positive
- $\log \sum_{i=1}^{m} \exp g_{i}(x)$ is convex if $g_{i}$ are convex


## Minimization

if $f(x, y)$ is convex in $(x, y)$ and $C$ is a convex set, then

$$
g(x)=\inf _{y \in C} f(x, y)
$$

is convex

## examples

- $f(x, y)=x^{T} A x+2 x^{T} B y+y^{T} C y$ with

$$
\left[\begin{array}{cc}
A & B \\
B^{T} & C
\end{array}\right] \succeq 0, \quad C \succ 0
$$

minimizing over $y$ gives $g(x)=\inf _{y} f(x, y)=x^{T}\left(A-B C^{-1} B^{T}\right) x$
$g$ is convex, hence Schur complement $A-B C^{-1} B^{T} \succeq 0$

- distance to a set: $\operatorname{dist}(x, S)=\inf _{y \in S}\|x-y\|$ is convex if $S$ is convex


## The conjugate function

the conjugate of a function $f$ is

$$
f^{*}(y)=\sup _{x \in \operatorname{dom} f}\left(y^{T} x-f(x)\right)
$$



- $f^{*}$ is convex (even if $f$ is not)
- will be useful in chapter 5


## examples

- negative logarithm $f(x)=-\log x$

$$
\begin{aligned}
f^{*}(y) & =\sup _{x>0}(x y+\log x) \\
& = \begin{cases}-1-\log (-y) & y<0 \\
\infty & \text { otherwise }\end{cases}
\end{aligned}
$$

- strictly convex quadratic $f(x)=(1 / 2) x^{T} Q x$ with $Q \in \mathbf{S}_{++}^{n}$

$$
\begin{aligned}
f^{*}(y) & =\sup _{x}\left(y^{T} x-(1 / 2) x^{T} Q x\right) \\
& =\frac{1}{2} y^{T} Q^{-1} y
\end{aligned}
$$

## Quasiconvex functions

$f: \mathbf{R}^{n} \rightarrow \mathbf{R}$ is quasiconvex if $\operatorname{dom} f$ is convex and the sublevel sets

$$
S_{\alpha}=\{x \in \operatorname{dom} f \mid f(x) \leq \alpha\}
$$

are convex for all $\alpha$


- $f$ is quasiconcave if $-f$ is quasiconvex
- $f$ is quasilinear if it is quasiconvex and quasiconcave


## Examples

- $\sqrt{|x|}$ is quasiconvex on $\mathbf{R}$
- $\operatorname{ceil}(x)=\inf \{z \in \mathbf{Z} \mid z \geq x\}$ is quasilinear
- $\log x$ is quasilinear on $\mathbf{R}_{++}$
- $f\left(x_{1}, x_{2}\right)=x_{1} x_{2}$ is quasiconcave on $\mathbf{R}_{++}^{2}$
- linear-fractional function

$$
f(x)=\frac{a^{T} x+b}{c^{T} x+d}, \quad \operatorname{dom} f=\left\{x \mid c^{T} x+d>0\right\}
$$

is quasilinear

- distance ratio

$$
f(x)=\frac{\|x-a\|_{2}}{\|x-b\|_{2}}, \quad \operatorname{dom} f=\left\{x \mid\|x-a\|_{2} \leq\|x-b\|_{2}\right\}
$$

is quasiconvex

## Log-concave and log-convex functions

a positive function $f$ is log-concave if $\log f$ is concave:

$$
f(\theta x+(1-\theta) y) \geq f(x)^{\theta} f(y)^{1-\theta} \quad \text { for } 0 \leq \theta \leq 1
$$

$f$ is log-convex if $\log f$ is convex

- powers: $x^{a}$ on $\mathbf{R}_{++}$is log-convex for $a \leq 0$, log-concave for $a \geq 0$
- many common probability densities are log-concave, e.g., normal:

$$
f(x)=\frac{1}{\sqrt{(2 \pi)^{n} \operatorname{det} \Sigma}} e^{-\frac{1}{2}(x-\bar{x})^{T} \Sigma^{-1}(x-\bar{x})}
$$

- cumulative Gaussian distribution function $\Phi$ is log-concave

$$
\Phi(x)=\frac{1}{\sqrt{2 \pi}} \int_{-\infty}^{x} e^{-u^{2} / 2} d u
$$

## example: yield function

$$
Y(x)=\operatorname{prob}(x+w \in S)
$$

- $x \in \mathbf{R}^{n}$ : nominal parameter values for product
- $w \in \mathbf{R}^{n}$ : random variations of parameters in manufactured product
- $S$ : set of acceptable values
if $S$ is convex and $w$ has a log-concave pdf, then
- $Y$ is log-concave
- yield regions $\{x \mid Y(x) \geq \alpha\}$ are convex

